



## LOCAL SOUTH BAY RESOURCES

### Medical Resources

<p><b>Providence Little Company of Mary San Pedro: Emergency Room</b> 1300 W 7th St, San Pedro, CA 90732 (310) 832-3311</p>	<p><b>Harbor- UCLA Medical Center Emergency</b> 1000 W Carson St, Torrance, CA 90509 (310) 222-2345</p>	<p><b>Kaiser Permanente South Bay Medical Center</b> 25825 Vermont Ave, Harbor City, CA 90710 (310) 325-5111</p>
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### Family Resource Center - PLEASE CALL FIRST

<p><b>The Carolyn Kordich Family Resource Center</b> 1135 W. 257th. Street, Harbor City, CA 90710 (310)325-7288 Monday-Friday/ 9AM-1PM</p>	<p><b>Carson Family Resource Center</b> 340 W 224th St, Carson, CA 90745 (310)513-8070 Monday-Friday/ 8AM-4:30PM</p>	<p><b>Family Resource Center Network of Los Angeles County c/o Family Resource Library</b> (626) 300-9171 ext. 104</p>
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### Additional Resources

<p><b>Dental: Big Smiles - 1-888-833-8441</b></p> <p><b>Wilmington Community Clinic</b> 1009 North Avalon Boulevard Wilmington, CA 90744 (310) 549-5760</p> <p>Monday-Thursday 8AM-9PM Friday/Saturday 8AM-4PM Sunday-Closed</p>	<p><b>Vision: Vision to Learn-</b> Please use this link to request replacement glasses. Please note: The student must have received an exam at through Vision to Learn <a href="https://visiontolearn.org/glasses/">https://visiontolearn.org/glasses/</a> (800)485-9196</p>	<p><b>Housing Resources: Curtis R. Tucker Health Center</b></p> <p>123 West Manchester Blvd., Inglewood, CA 90301 (310) 419-5393 Monday-Friday 8AM-4:30PM</p>	<p><b>Harbor Interfaith Services</b></p> <p>Monday -Friday, 9:00am to 5:00pm Service/Intake: (310) 831-9123 &amp; Administrative Office: (310) 831-0589</p> <p>670 W. 9th St. San Pedro, CA 90731</p> <p><b>*See more information below</b></p>	<p><b>Homeless Outreach Mobile Engagement (HOME)-</b></p> <p>(800)854-7771 CRISI LINE: Txt "LA" to 741741 Mensaje: "LA" al 741741</p>
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Additional resources are found on the Scholarship Prep website.



## SOUTH BAY WEEKLY FOOD RESOURCES

Day	Organization	Availability	Time	Address
<b>Monday</b>	Boys and Girls Club of the Los Angeles Harbor, Wilmington	Community Fridge	1PM-7PM , Monday-Friday /Lunes-Viernes	1444 W. Q. Street 90744 Wilmington CA
<b>Tuesday</b>	YMCA, Wilmington (310)522-2100	Food Distribution: Drive Thru and Walk In	10AM Tuesdays/Martes	1127 N Avalon Blvd, Wilmington, CA 90744
	Boys and Girls Club of the Los Angeles Harbor, Wilmington	Community Fridge	1PM-7PM , Monday-Friday /Lunes-Viernes	1444 W. Q. Street 90744 Wilmington CA
<b>Wednesday</b>	Boys and Girls Club of the Los Angeles Harbor, Wilmington	Community Fridge	1PM-7PM , Monday-Friday /Lunes-Viernes	1444 W. Q. Street 90744 Wilmington CA
<b>Thursday</b>	Boys and Girls Club of the Los Angeles Harbor, Wilmington	Community Fridge	1PM-7PM , Monday-Friday /Lunes-Viernes	1444 W. Q. Street 90744 Wilmington CA
<b>Friday</b>	Boys and Girls Club of the Los Angeles Harbor, Wilmington	Community Fridge	1PM-7PM , Monday-Friday /Lunes-Viernes	1444 W. Q. Street 90744 Wilmington CA
	Boys and Girls Club of the Los Angeles Harbor, Wilmington (310)549-8323	Food Distribution	Once a month 1st Friday of the Month (Primer Viernes del Mes) 4PM	1444 W. Q. Street Wilmington CA, 90744
<b>Saturday</b>	Boys and Girls Club of the Los Angeles Harbor, Wilmington	Community Fridge	1PM-7PM , Monday-Friday /Lunes-Viernes	1444 W. Q. Street 90744 Wilmington CA
	Help Me Help You (562)612-5001	Food Distribution: Drive Thru. and Walk In	Once a month 3rd Saturday of the month (tercer sábado del mes) 12-2pm *Next available Dec.17th	Perry Lindsey Academy 5075 Daisy Ave, Long Beach, CA 90805



**FAMILY SOLUTIONS CENTER - HARBOR INTERFAITH SERVICES**

The program provides housing services for families with children 17 years and younger in Los Angeles County. Pregnant women in any trimester are also eligible for services. Services include housing search assistance. Case management, diversion services, housing plan development and other supportive services are also provided. Motel vouchers are also available on a very limited basis.

Service is restricted to zip codes 90245, 90247, 90248, 90249, 90250, 90254, 90260, 90261, 90266, 90274, 90275, 90277, 90278, 90301, 90302, 90303, 90304, 90305, 90501, 90502, 90503, 90504, 90505, 90506, 90704, 90710, 90717, 90731, 90732, 90744, 90745, 90746, 90747, 90801, 90802, 90803, 90804, 90805, 90806, 90807, 90808, 90810, 90813, 90814, 90815 and 90822.

**APPLICATION PROCEDURE:** 211 Community Resource Advisors assess for basic eligibility criteria for Coordinated Entry System (CES) for families and warm transfer eligible families to the closest Family Solutions Center (FSC) within their community. The family resource staff members at the FSC site will screen and triage families to the most appropriate housing option. Case management services at the FSC site are also available in an effort to provide assessment and rapid re-housing.

**FEES/PAYMENT SOURCE:** There are no fees for service.

**SERVICE HOURS**

Monday -Friday, 9:00am to 5:00pm

Service/Intake: (310) 831-9123 & Administrative Office: (310) 831-0589

**670 W. 9th St.**

**San Pedro, CA 90731**



# Nutrition Assistance for Los Angeles County

## Los Angeles County Nutrition Assistance Resources

Food resources to help families prevent hunger during this difficult time

### CalFresh

Cash assistance for Individuals or Families.  
Call 1-866-613-3777 or visit [GetCalFresh.org](http://GetCalFresh.org) to apply.

Please note that children of undocumented immigrants are eligible to receive CalFresh benefits if they are citizens or legal permanent residents. Parents are encouraged to apply on behalf of their children who qualify. The CalFresh program information is confidential.

### Seniors or Older Adult Meals

Call 1-800-510-2020 for meals from LA County and the City of LA.

### WIC

Free food for Moms, Babies and Children under 5. Call 1-888-WIC-WORKS (1-888-942-9675) to apply.

### Free Groceries

Go to Los Angeles Regional Food Bank's food pantry locator at [lafoodbank.org](http://lafoodbank.org) or call 323-234-3030.

### Grab & Go meals for school-aged kids

Call the school district near you for "Grab and Go" meals offered in select schools. Also, download the *CA Meals for Kids* mobile app (iOS, Android, Microsoft), to find nearby Afterschool and Summer Meal Programs sites.

### Find Food through 211

Visit [211la.org/food-resources](http://211la.org/food-resources) or dial 211 to locate food resources near you, such as free groceries, student meals, and more.

### Wi-Fi Locator Tool

Visit [findwifi.lacounty.gov](http://findwifi.lacounty.gov) or dial 211 to find Wi-Fi hotspots where you can access internet at nearby parks, businesses, or other spaces.

### Additional Food, Income, and Covid-19 Support & Resources

Visit [211la.org](http://211la.org) or call 2-1-1 (available 24 hours).



***Don't put someone you love at risk!  
Wear a face covering!***

[covid19.lacounty.gov/food](http://covid19.lacounty.gov/food)

[#LetsFeedLACounty](https://twitter.com/LetsFeedLACounty)



# Wilmington Farmers Market

Every  
**TUESDAY**

Todos los  
**MARTES**

**10am-2pm**

**EBT ✓ Market Match ✓**

**Location:**

**Providence Wellness and Activity Center**  
**470 N. Hawaiian Ave. Wilmington, CA 90744**



# Christmas

## OPERATION JOY

DRIVE THRU/ WALK-UP  
FOOD DISTRIBUTION

Dec. **13** 2022

3PM - UNTIL SUPPLIES LAST

WILMINGTON YMCA: 1127 N AVALON BLVD. WILMINGTON, CA 90744

- \* Food baskets will be distributed on a first come first serve basis.
- \*Registration upon arrival the day of the event.
- \* One basket per household, proof of address needed - must show ID or utility bill to you name.

For more info: 310-522-2100 & 213-428-1490



Food Baskets made possible by our sponsors:



Community Resource Center



blue  
california  
Promise Health Plan



Valero



SoCalGas



# Navidad

## OPERACIÓN ALEGRÍA

DISTRIBUCIÓN DE COMIDA  
ACCESIBLE POR CARRO Y A PIE

Dec. **13** 2022

3PM - HASTA AGOTAR LOS ALIMENOS

WILMINGTON YMCA: 1127 N AVALON BLVD. WILMINGTON, CA 90744

- \* Los alimentos se distribuirán por orden de llegada.
- \* Registros el día del evento.
- \* Sólo una canasta por domicilio, será necesario mostrar identificación o una factura de servicios públicos a su nombre.

Para más información: 310-522-2100 & 213-428-1490



Distribución de alimentos  
fue posible, gracias a  
nuestros patrocinadores:



LA Care



Community Resource Center



blue  
california  
Promise Health Plan



the



Valero



SoCalGas



WALKING IN AN

80'S

Winter

WONDERLAND

HOSTED BY THE HARBOR CITY  
NEIGHBORHOOD COUNCIL

DECEMBER 17, 2022

3 - 7 PM

IN  
PARTNERSHIP  
WITH

KEN MALLOY HARBOR  
REGIONAL PARK

25820 VERMONT AVE,  
HARBOR CITY

Snow-play, tree  
lighting, music,  
entertainment,  
DeLorean time  
machine, food,  
pictures with  
Santa!



COUNTY OF LOS ANGELES SUPERVISOR • FOURTH DISTRICT  
**JANICE HAHN**







TOBERMAN NEIGHBORHOOD  
CENTER  
PRESENTS

# BREAKFAST WITH SANTA

Deadline for Sign-Ups Friday, December 9th, 2022

**DECEMBER 17TH, 2022**  
**9:00AM - 3:00PM**

Must reside in cities of San Pedro, Harbor City,  
Wilmington, Harbor Gateway

Ages: Toddler - High School

Set an appointment with a Case Manager

- Current Proof of Income
- Current Proof of Address

Ask For Monica at 310.832.1145 ext. 106 to schedule  
an appointment.



Toberman Neighborhood Center  
College Corner Presents

WINTER  
CAMP

Join us for winter arts & crafts, canvas art, and college tours!

Must reside in cities of San Pedro, Harbor City,  
Wilmington, & Harbor Gateway

Set an appointment with a Case Manager to register!  
Must provide current proof of income & address  
within the last 90 days.

December 19th - 23rd, 2022

Site Hours: 10am - 3pm

Location: Toberman College Corner

131 N Grand Ave

San Pedro, CA 90731

Contact: Yvette Arteaga  
yarteaga@toberman.org  
(310) 832-1145 x EXT 122





## GROCERY GRAB N GO LONG BEACH, CA LOCATIONS

Stevenson Elementary School

Lincoln Elementary School

Oropeza Elementary School

Whittier Elementary School

Perry Lindsey Academy

Museum of Latin American Art

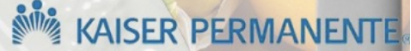
Philadelphian SDA Church

Revive Church

Cesar Chavez Elementary School- home delivery

\*American Gold Star Manor -residents only

Long Beach Food Pantry Delivery - for seniors



**FREE GROCERIES SCHEDULES**  
[www.helpmehelpu.org/ggng](http://www.helpmehelpu.org/ggng)

