



## SOUTH BAY COMMUNITY WEEKLY FOOD RESOURCES

Day	Organization	Availability	Time	Address
<b>Monday</b>	Boys and Girls Club of the Los Angeles Harbor, Wilmington	Community Fridge	1PM-7PM , Monday-Friday /Lunes-Viernes	1444 W. Q. Street 90744 Wilmington CA
<b>Tuesday</b>	YMCA, Wilmington (310)522-2100	Food Distribution: Drive Thru and Walk In	10AM Tuesdays/Martes	1127 N Avalon Blvd, Wilmington, CA 90744
	Boys and Girls Club of the Los Angeles Harbor, Wilmington	Community Fridge	1PM-7PM , Monday-Friday /Lunes-Viernes	1444 W. Q. Street 90744 Wilmington CA
<b>Wednesday</b>	Boys and Girls Club of the Los Angeles Harbor, Wilmington	Community Fridge	1PM-7PM , Monday-Friday /Lunes-Viernes	1444 W. Q. Street 90744 Wilmington CA
<b>Thursday</b>	Boys and Girls Club of the Los Angeles Harbor, Wilmington	Community Fridge	1PM-7PM , Monday-Friday /Lunes-Viernes	1444 W. Q. Street 90744 Wilmington CA
<b>Friday</b>	Boys and Girls Club of the Los Angeles Harbor, Wilmington	Community Fridge	1PM-7PM , Monday-Friday /Lunes-Viernes	1444 W. Q. Street 90744 Wilmington CA
	Boys and Girls Club of the Los Angeles Harbor, Wilmington (310)549-8323	Food Distribution	Once a month 1st Friday of the Month (Primer Viernes del Mes) 4PM	1444 W. Q. Street Wilmington CA, 90744
<b>Saturday</b>	Boys and Girls Club of the Los Angeles Harbor, Wilmington	Community Fridge	1PM-7PM , Monday-Friday /Lunes-Viernes	1444 W. Q. Street 90744 Wilmington CA
	Help Me Help You (562)612-5001	Food Distribution: Drive Thru. and Walk In	Once a month 3rd Saturday of the month (tercer sábado del mes) 12-2pm *Next available Dec.17th	Perry Lindsey Academy 5075 Daisy Ave, Long Beach, CA 90805